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~ *Office of the Chief* ~
MEDIA RELEASE

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May is National Bicycle Safety Month

From children riding to school to older adults staying active and healthy, bicycling is both a pastime and a mode of transportation for thousands of Californians. May is National Bicycle Safety Month, and the Citrus Heights Police Department is urging everyone to be alert to keep bicyclists safe.

According to the National Highway Traffic Safety Administration, there were 1,166 people killed while riding a bike on U.S. roads in 2023, and an estimated 49,489 bicyclists were injured. In California, there were 145 bicyclists killed in motor vehicle traffic crashes in 2023.

“It is important that we keep our bicyclists safe, as they do not have the same protections as drivers and passengers,” said Sergeant Kane Kissam. “People of all ages use bicycles to commute to school, work, and other activities. Bicyclists, like all road users, have the right to safe streets. We encourage drivers and bicyclists to look out for one another and practice safe habits, so we may all go safely.”

To help keep people biking or walking safe, the Citrus Heights Police Department will conduct a traffic safety operation focused on driver behaviors that put bicyclists and pedestrians at risk, such as speeding, making illegal turns, failing to yield the right of way, and running stop signs or red lights.

The Citrus Heights Police Department suggests the following safety tips for bicyclists and drivers:

Drivers

- Slow down and follow the speed limit. Be careful traveling through intersections.
- Look carefully for bicyclists and pedestrians before making a turn or opening a car door near streets or bike paths.
- Be patient when traveling behind a bicyclist and give them space when passing. California law requires drivers to change lanes, when possible, to pass bicyclists and always pass with at least 3 feet of space.
- Never drive distracted or impaired.

Bike Riders

- Use lights at night.
- Although not required for riders 18 and older, always wear a properly secured helmet. Helmets significantly reduce the risk of a head injury in the event of a crash.
- Bicyclists must travel in the same direction of traffic and have the same requirements as any slow-moving vehicle.Yield to pedestrians, just as a driver would. Pedestrians have the right-of-way within marked or unmarked crosswalks at intersections.

Funding for this program is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

This media release has been prepared by Citrus Heights Police Department Public Information Officers pursuant to the California Public Records Act and California Government Code Sections § 7923.600 -7923.625 (f).
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