## WELCOME Arcade Creek Neighborhood Citrus Heights. Area 4 "Heart of the City"

### ARCADE CREEK NEIGHBORHOOD - AREA 4 **AGENDA**

Tuesday, August 4, 2020 pm City Hall, 6360 Fountain Square Drive, Citrus Heights

# oronavirus Covid-19 pandemic

Call to order: Welcome Board Members, Roll Call: Determine Quorum

Changes to the agenda: Everyone stay healthy and safe!

### **Speakers:**

Police Dept.:

Citrus Heights Police: POP Officer Spencer has replaced Office Felicia Taylor.

Have a question(s) of matter/concern in your area. Please call Citrus Heights Police Department

916-727-5500.

**Public Comments:** 

**Approval Minutes:** 

Reports:

Treasury Report: Anita Table Planning Commission: Cancelled REACH: Anna Table

Administrative:

Officers – 2020/2021 Table

Old Business:

Update:

New Business:

Announcements: Mark your calendars/Websites

#### Incredible National Day in August 2020

- National Mahjong Day
- National Mountain Climbing Day -mountain
- National Mustard Day
- Friendship Day
- Sister's Day
- National Chocolate Chip Cookie Day
- International Beer Day
- International Beer Day
- Book Lovers Day
- 10. National S'mores Day
- 11. Son and Daughter Day
- 14/15 VJ Day marks the end of WWII 15. Relaxation Day
- 18. World Daffodil Day
- 19. National Potato Day
- 20. World Mosquito Day
- 21. National Senior Citizens
- 25. Banana Splits Day 26. National Dog Day
- 29. Bacon Day and International Bacon Day
- 30. National Marshmallow Toasting Day
- 31. National Eat Outside Day
- 31. National Trail Mix Day Summer is almost over!
- Citrus Heights website http://www.citrusheights.net/civicalerts.aspx?AID=547;COVID-19, COVID-19 related information.
- California Dept of Public Health https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx.
- Words of wisdom; "wear your cool MASKS, carry your gloves and practice 6 ft distance, we are living in a different time zone".
- Meditation and Going Beyond Mindfulness A Secular Perspective; Stress https://www.youtube.com/watch?v=ZJRtZAwVwgo
- The Physiology of Tai Chi and QiGong; <a href="https://www.youtube.com/watch?v=ZJRtZAwVwgo">https://www.youtube.com/watch?v=ZJRtZAwVwgo</a>

Area 4 - Next meeting August 4, 2020 Cancelled

(September will depends-Coronavirus Covid-19 and Rules set by California Governor).

Stay healthy, Be safe and Take care.

You can follow Area 4 on "Facebook":

"City of Citrus Heights Arcade Creek Neighborhood Association" and "Nextdoor.com".

Adjournment: Thank You,